

1 **Targeting oxygen sensing prolyl hydroxylase (PHD) for metformin-associated lactic**
2 **acidosis treatment**

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4 **Running head: PHD inhibitor for lactic acidosis treatment**

5
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31 **Abstract:** Metformin is one of the most widely used therapeutics for type 2 diabetes mellitus
32 and also has anti-cancer and anti-aging properties. However, it is known to induce
33 metformin-associated lactic acidosis (MALA), a severe medical condition with poor
34 prognosis, especially in individuals with renal dysfunction. Inhibition of prolyl hydroxylase
35 (PHD) is known to activate transcription factor HIF (hypoxia-inducible factor) that increases
36 lactate efflux as a result of enhanced glycolysis, but it also enhances gluconeogenesis from
37 lactate in the liver that contributes to reducing circulating lactate levels. Here we investigated
38 the outcome of pharmaceutical inhibition of PHD in mice with MALA induced through the
39 administration of metformin *per os* and an intraperitoneal injection of lactic acid. We found
40 that the PHD inhibitors significantly increased the expression levels of genes involved in
41 gluconeogenesis in the liver and the kidney, and significantly improved the survival of mice
42 with MALA. Furthermore, the PHD inhibitor also improved the survival rate of MALA
43 aroused on chronic kidney disease (CKD) mice. Thus, PHD represents a new therapeutic
44 target for MALA, which is a critical complication of metformin therapy.

45 Introduction

46 Hypoxic response is mainly regulated by heterodimeric transcription factor HIF (hypoxia-
47 inducible factor) composed of stable β -subunit (HIF β /ARNT) and labile α -subunit (HIF α).
48 Protein expression level of HIF α is negatively regulated by prolyl hydroxylase PHD1–3
49 (prolyl hydroxylase domain-containing protein 1–3). In normoxic conditions where oxygen is
50 available, PHDs hydroxylate proline residues on HIF α targeted for von Hippel–Lindau
51 (VHL) E3 ubiquitin ligase-dependent proteasomal degradation. On the other hand, enzymatic
52 activities of PHDs are inhibited under the hypoxic conditions where available oxygen
53 becomes limited, as PHDs are 2-oxoglutarate-dependent dioxygenases which require
54 molecular oxygen for their enzymatic activities. Thus, HIF α escapes from prolyl
55 hydroxylation-dependent protein degradation, accumulates, binds to HIF β /ARNT and
56 activates transcription of hypoxic mRNA including *Epo* (erythropoietin) or *Vegf* (vascular
57 endothelial growth factor) under the hypoxia. (1). We previously reported that liver-specific
58 inactivation of *Phd2*, the dominant prolyl hydroxylase for HIF α , improved the survival rate
59 of mice with lactic acidosis by activating hepatic gluconeogenesis from circulating lactate,
60 which contributed to reducing the blood lactate level (2).

61 Metformin is a biguanide drug that reduces blood glucose levels by suppressing hepatic
62 gluconeogenesis. However, it is also known to induce metformin-associated lactic acidosis
63 (MALA) (3), which is particularly prevalent in patients with chronic kidney disease (CKD)
64 due to a decrease in urinary excretion of lactate. MALA has a high mortality rate of up to
65 50%, but only early diagnosis and renal replacement therapy are currently the treatment of
66 choice (4). Therefore, an established treatment is required for overcoming such circumstances
67 and we hypothesized that PHD inhibitors could be used to improve the survival rate of mice
68 with MALA.

69 In the present study, we investigated the effects of PHD inhibitors on mice with MALA. We
70 found that treatment with PHD inhibitors *per os* improved the survival rate of mice with
71 MALA and also rescued MALA in CKD mice, which represents a more clinical model.
72 These findings indicate that PHD represents a new therapeutic target for MALA.

73 **Materials and Methods**

74 *Mice*

75 All experiments were approved by the Animal Care and Utilization Committee of the Keio
76 University School of Medicine, Tokyo, Japan (#11050-2). Wild-type mice used in this study
77 were C57BL/6J male mice aged 7–13 weeks, which were obtained from CLEA Japan, Inc.
78 (Tokyo, Japan). All *Phd2* flox/flox (*Phd2^{F/F}*) mice in this study were backcrossed to
79 C57BL/6J strain at least five times, as previously reported (5). The transgenic mice
80 expressing albumin promoter-driven Cre-recombinase (*Alb-Cre*) were also described
81 previously (1, 6, 7). The mice were maintained on a 12:12 hour light–dark cycle in a specific
82 pathogen-free facility and were fed *ad libitum*.

83

84 *Development of a mouse model of MALA*

85 Nine-week-old wild-type C57BL/6J male mice were administered metformin (0.25 mg/g
86 body weight) dissolved in distilled water in the morning and evening of day 1, and in the
87 morning of day 2, *per os*. After 4 hours, the mice were then administered an intraperitoneal
88 (i.p.) injection of lactic acid (0.4 mg/g body weight; 252476; Sigma-Aldrich, St. Louis, MO)
89 dissolved in 0.9% sodium chloride.

90

91 *RNA isolation and real-time reverse transcription (RT)-PCR analysis*

92 Total RNA was isolated from the livers, kidneys, muscles and hearts of each mouse using
93 TRIzol reagent (15596-026; Invitrogen, Carlsbad, CA) and an RNeasy column (74104;
94 Qiagen, Hilden, Germany). Real-time RT-PCR was performed with an AffinityScript QPCR
95 cDNA Synthesis Kit (600559; Agilent Technologies, Santa Clara, CA) and THUNDERBIRD
96 SYBR qPCR Mix (QPS-201; TOYOBO, Osaka, Japan) using a real-time PCR system (Model

7300; Applied Biosystems, Foster City, CA). The mRNA levels were normalized to β -actin (*Actb*). The primer sequences are shown in **Table 1**.

Venous blood gas analysis

Eight-week-old wild-type C57BL/6J male mice administered either the vehicle or REC2923 were anesthetized with isoflurane (AbbVie Inc., Tokyo, Japan), and after 4 hours, whole-blood samples were taken from the retro-orbital sinus using Micro-Hematocrit Capillary Tubes (22-362-566; Thermo Fisher Scientific Inc., MA, USA). Hematocrit and blood urea nitrogen (BUN) levels were measured using i-STAT 1 analyzer (Abbott, IL, USA) and EC8+ cartridge (AB-3P7925; Abbott).

Treatment of mice with MALA using a PHD inhibitor per os

Mice diagnosed MALA were treated with either the vehicle ($n = 18$. 0.5% methyl cellulose; 64625; Sigma-Aldrich), REC2923 ($n = 21$. 30 mg/kg body weight; Daiichi Sankyo, Tokyo, Japan), or FG-4592 ($n = 21$. 50 mg/kg body weight; 15294; Cayman Chemical, Michigan, USA) *per os* immediately after metformin administration on day 2. After 4 hours, the mice were then administered an i.p. injection of lactic acid (0.4 mg/g body weight) dissolved in 0.9% sodium chloride. Kaplan–Meier survival analysis was performed.

Development of a mouse model of CKD

Seven-week-old wild-type C57BL/6J male mice were fed either a normal CE-2 diet (CLEA Japan, Tokyo, Japan) or a 0.2% adenine-containing CE-2 diet (CLEA Japan) for 6 weeks *ad libitum* (8, 9). Blood lactate and serum creatinine levels were then measured 0, 3, and 6

120 weeks after starting each diet. To measure blood lactate levels, whole-blood samples (5 μ l)
121 were obtained from the tail veins, which were tested using a Lactate Pro Test Meter (Cycle
122 Classic Imports, New South Wales, Australia) and Lactate Pro Test Strip (Cycle Classic
123 Imports). To measure serum creatinine levels, the mice were anesthetized with isoflurane
124 (AbbVie Inc.) and whole-blood samples were obtained from the retro-orbital sinus using
125 Micro-Hematocrit Capillary Tubes. Each sample was then collected in a 1.5 ml tube and left
126 at room temperature for 30 min to separate the hemocytes from the serum. The serum was
127 then transferred into a new tube and centrifuged at $20,000 \times g$ for 5 min. This procedure was
128 repeated twice per sample. The isolated serum (10 μ l) was placed on a FUJI DRI-CHEM
129 slide CRE-PIII (14A2X10004000004; FUJIFILM Inc., Tokyo, Japan) and serum creatinine
130 levels were measured with a DRI-CHEM 7000i (FUJIFILM Inc.).

131

132 *Histological analysis*

133 The normal diet mice and adenine-induced CKD mice were anesthetized with isoflurane
134 (AbbVie Inc.). Their kidneys were then removed and separated into upper, middle, and lower
135 parts. The middle part of each kidney, which contained the renal pelvis, was fixed in Bouin's
136 solution and embedded in paraffin. Thin-sliced sections were then made, which were stained
137 with hematoxylin (Hematoxylin3G 8656; Sakura Finetek Japan, Tokyo, Japan) and eosin
138 (Eosin 8659; Sakura Finetek Japan). Photomicrographs were obtained using a BZ-9000
139 Fluorescence Microscope (Keyence, Osaka, Japan) viewed at $\times 20$ magnification. Matrix-
140 assisted laser desorption/ionization imaging mass spectrometry (MALDI-IMS) analysis of
141 2,8-dihydroxyadenine (m/z 168.05) in the kidneys of normal diet or adenine-containing diet
142 mice was performed in the positive ion mode using an atmospheric pressure MALDI-QIT-
143 TOF-MS (Shimadzu, Kyoto, Japan) as described previously (10-12).

144

145 *Treatment of MALA in CKD mice using a PHD inhibitor per os*146 The CKD mice, as described under “*Development of a mouse model of CKD*”, were

147 administered metformin (0.5 mg/g body weight) and blood lactate levels were then measured

148 after 4 hours. Mice with blood lactate levels > 8 mmol/L were treated with either the vehicle

149 ($n = 8$. 0.5% methyl cellulose) or REC2923 ($n = 11$. 10 mg/kg body weight) *per os*. For mice

150 whose lactate levels did not meet this criterion, the experiment was repeated the following

151 day. Measurement of blood lactate levels, hematocrit, serum creatinine, BUN and isolation of

152 kidneys for real-time RT-PCR analysis of genes related to inflammation were proceeded after

153 6 hours of treatment with either the vehicle or REC2923. Kaplan–Meier survival analysis was

154 performed.

155

156 *Lactate tolerance test*157 Eight to nine-week-old *Phd2*-liver-specific knockout (*Phd2-LKO*) male mice were

158 administered metformin (0.25 mg/g body weight) dissolved in distilled water in the morning

159 and evening of day 1, and in the morning of day 2, *per os*. After 4 hours, the mice were then

160 administered an i.p. injection of lactic acid (0.4 mg/g body weight) dissolved in 0.9% sodium

161 chloride. Whole blood samples (5 μ l) were obtained from the tail veins at 0, 5, 10, 15, and 20

162 minutes after the injection. The blood lactate levels were measured using Lactate Pro Test

163 Meter and Lactate Pro Test Strip.

164

165 *Statistics*

166 The two treatment groups were compared using unpaired *t*-tests. The survival rate of the
167 mice in each treatment group was determined using a Kaplan–Meier survival analysis, and
168 differences in survival rates were analyzed using a Log-rank (Mantel–Cox) test performed
169 with the GraphPad Prism software (GraphPad Software, Inc. La Jolla, CA). Statistical
170 significance was defined as a *p*-value of < 0.05 .

171 **Results**

172 **Development of a mouse model of MALA.**

173 To test the effect of metformin, 8-week-old C57BL/6J wild-type male mice were
174 administered metformin *per os* followed by an i.p. injection of lactic acid. Metformin
175 administration alone did not increase blood lactate levels, but mice administered metformin
176 followed by an i.p. injection of lactic acid exhibited life-threatening MALA, indicating that
177 metformin exacerbates hyperlactatemia when blood lactate levels exceed the baseline
178 clearance levels of lactate (**Figure 1**).

179

180 **Effects of PHD inhibitors on the survival of mice with MALA**

181 To investigate whether pharmacological inhibition of PHDs ameliorates MALA, first we
182 tested the effects of the PHD inhibitors REC2923 and FG-4592, 2-oxoglutarate analogues,
183 that are supposed to activate HIF. We detected the up-regulation of HIF-target genes in the
184 livers of C57BL/6J wild-type male mice treated with REC2923 and FG-4592 *per os*,
185 indicating that a hypoxic response was induced by the treatment with those PHD inhibitors in
186 the liver (**Figure 2A**). We also detected the up-regulation of HIF-target genes in the kidneys
187 following the treatment with REC2923, but not in the muscles or the hearts (**Figure 2B**),
188 indicating that REC2923 preferentially inhibits PHDs in the liver and kidney. To see the
189 effect of PHD inhibitor on hematopoiesis, we treated mice with either the vehicle or
190 REC2923 and measured hematocrit levels before and after the treatment. There was no
191 difference in hematocrit levels between the two groups (**Figure 2C**) indicating that a single
192 dose treatment of PHD inhibitor up-regulates erythropoietin in both the liver and the kidney
193 (**Figures 2A and 2B**), but does not affect hematocrit levels yet within 10 days after the
194 treatment.

195 We then pretreated mice, which had been administered metformin, with the vehicle alone,
196 REC2923 or FG-4592, 4 hours prior to an i.p. injection of lactic acid (**Figure 3, left**). We
197 found that mice that had been pretreated with the PHD inhibitors exhibited significantly
198 higher survival rates than the vehicle-treated mice (**Figure 3, right**), indicating that PHD
199 inhibition can rescue mice with MALA.

200

201 **Development of a mouse model of CKD**

202 Healthy individuals rarely develop MALA, but individuals with renal dysfunction such as
203 CKD patients are at a high risk (3), as lactate in the blood stream is excreted mainly in the
204 urine. Therefore, to establish a mouse model that mimics CKD patients, 7-week-old
205 C57BL/6J wild-type male mice were fed a 0.2% adenine-containing diet for 6 weeks (9).
206 Mice that were fed this diet had significantly higher serum creatinine levels than mice that
207 were fed a normal diet (**Figure 4A**). Imaging mass spectrometry (MALDI-IMS) analysis
208 revealed the crystals of 2,8-dihydroxyadenine deposited in the kidneys of adenine-containing
209 diet mice (**Figure 4B**). Tubular dilation, dilated Bowman's space, and interstitial
210 inflammation were also evident in kidney sections from adenine-induced CKD mice (**Figure**
211 **4C**), indicating that they had successfully developed CKD. The blood lactate levels in these
212 CKD mice significantly increased to a lethal level following the daily administration of
213 metformin but exhibited no change following the administration of the vehicle, indicating
214 that metformin administration in CKD mice successfully phenocopies MALA (**Figure 4D**).

215

216 **Effects of a PHD inhibitor on MALA in CKD mice**

217 To assess whether treatment with the PHD inhibitor could improve the survival of MALA in
218 CKD mice, CKD mice were administered metformin in the morning and their lactate levels

219 were checked after 4 hours. Those with blood lactate levels exceeding 8 mmol/L were then
220 treated with either the vehicle or the PHD inhibitor, REC2923 (**Figure 5A, left**). For mice
221 whose lactate levels did not meet this criterion, the experiment was repeated the following
222 day. There was no significant difference in the amount of administered metformin between
223 the two groups (vehicle 1.313 ± 0.458 , REC2923 1.364 ± 0.393 mg/g body weight, $p=0.797$).
224 Mice that were treated with REC2923 exhibited significantly higher survival rates than the
225 vehicle-treated mice, indicating that the PHD inhibitor may act as a “rescue agent” in the
226 setting of lactic acidosis in metformin-prescribed patients (**Figure 5A, right**). To see whether
227 the improved survival was a consequence of lower lactate levels, blood lactate levels were
228 measured after 6 hours of treatment with the vehicle or REC2923. Although the difference
229 did not reach significance, there was a tendency of lower blood lactate levels in REC2923-
230 treated mice (**Figure 5B**). We detected the up-regulation of erythropoietin (*Epo*) in the
231 kidneys of CKD mice after 6 hours of treatment with REC2923 (**Figure 5C, left**), but this did
232 not lead to hematocrit change (**Figure 5C, right**), showing that blood lactate levels were not
233 influenced by the red blood cell production at this time point. To check the influence of
234 REC2923 on renal function, serum creatinine and BUN were measured after 6 hours of
235 treatment with the vehicle or REC2923, but there was no difference between the two groups
236 (**Figure 5D**), showing that REC2923 does not have the ability to improve renal function that
237 increase urinary lactate excretion. We have also checked whether PHD inhibitor had any
238 effects on the tissue inflammation as reported previously, expression of genes related to
239 inflammation were analyzed in the kidneys of CKD mice. IL-6 was significantly down-
240 regulated in the kidneys of PHD inhibitor-treated mice (**Figure 5E**), suggesting that PHD
241 inhibitor contributed to improved survival rate of MALA in CKD mice by ameliorating
242 inflammation, at least in part.

243

244 **Up-regulation of the mRNAs involved in gluconeogenesis in both the livers and kidneys**
245 **of PHD inhibitor-treated mice.**

246 To elucidate the molecular mechanism of how the PHD inhibitors rescued mice with MALA
247 in this study, expression of genes related to gluconeogenesis were analyzed in livers of
248 REC2923-treated mice. Lactate dehydrogenase (LDH) A (*Ldha*) and monocarboxylate
249 transporter (MCT) 1 (*Slc16a1*), that are involved in gluconeogenesis from lactate, were up-
250 regulated in the livers of REC2923-treated mice (**Figure 6A**). To see whether the rescue
251 effect of PHD inhibitors in MALA depends on the suppression of PHD2, a dominant isoform
252 of PHDs *in vivo*, in the liver as in our previous report (12), *Phd2*-liver-specific knockout
253 (*Phd2-LKO*) mice were administered metformin followed by an i.p. injection of lactic acid,
254 and a lactate tolerance test was performed. Interestingly, *Phd2-LKO* mice did not show
255 lactate tolerance in MALA (**Figure 6B**), suggesting that the activation of the hepatic arm of
256 Cori cycle does not occur by inhibiting *Phd2* alone in the liver of MALA mice. We then
257 analyzed expression of genes related to gluconeogenesis in the kidneys of REC2923-treated
258 mice (**Figure 6C**). LDHA (*Ldha*), MCT1 (*Slc16a1*), and phosphoenolpyruvate carboxykinase
259 (PEPCK) (*Pck1*) were up-regulated in the kidneys of REC2923-treated mice suggesting a
260 possibility that the PHD inhibitors rescued mice with MALA by up-regulating gluconeogenic
261 mRNAs in part in both the liver and the kidney in this model.

262 Discussion

263 Metformin is currently prescribed to over 120 million people worldwide (13), and the
264 number of people with impaired glucose tolerance is expected to increase to 420 million by
265 2025 (14). However, despite being one of the most widely used drugs for the treatment of
266 type 2 diabetes mellitus, its mechanism of action is still being debated (15) because it helps to
267 lower blood glucose levels via multiple mechanisms. Metformin inhibits mitochondrial
268 complex I (16), reducing ATP generation and increasing the AMP/ATP ratio, which leads to
269 the activation of AMP-activated protein kinase (AMPK); this then suppresses
270 gluconeogenesis by down-regulating gluconeogenic genes such as PEPCK or glucose-6-
271 phosphatase (17-20). It has also been reported that metformin suppresses gluconeogenesis by
272 inhibiting mitochondrial glycerol-3-phosphate dehydrogenase (21), and improves the uptake
273 of glucose into the skeletal muscles (22) and reduces glucose absorption in the small intestine
274 (23).

275 Metformin has also been shown to suppress cancer cell growth through the inhibition of
276 mitochondrial complex I, or the activation of AMPK (19, 24), and its use has been associated
277 with a decreased incidence of several types of cancer (25-29). In addition, a clinical trial
278 named "Targeting Aging with Metformin" is currently scheduled (30) which, if successful,
279 will see metformin being approved as an anti-aging drug by the US Food and Drug
280 Administration (FDA). This would substantially increase the number of metformin-
281 prescribed individuals across the world, even in the developing countries as there will be no
282 financial barriers to mass-producing this drug, which is more than 60 years old.

283 However, metformin has also been associated with the development of critical lactic acidosis
284 (3, 31, 32). The inhibition of mitochondrial complex I, which converts NADH to its oxidized
285 form (NAD^+), leads to decreased NAD^+ production (19, 24); and the inhibition of

286 mitochondrial glycerol-3-phosphate dehydrogenase, which converts glycerol 3-phosphate
287 (G3P) to dihydroxyacetone phosphate (DHAP) using flavin adenine dinucleotide (FAD) as a
288 cofactor, leads to decreased DHAP production and the accumulation of G3P in the
289 mitochondria (21). The latter results in the accumulation of cytosolic G3P, which halts the
290 glycerophosphate shuttle and leads to the accumulation of cytosolic NADH, inhibiting the
291 conversion of lactate to pyruvate by lactate dehydrogenase (21). Thus, lactate accumulates in
292 the hepatocytes, suppressing its absorption from the bloodstream into the liver.

293 The overall reported incidence of MALA is approximately 3–10 per 100,000 person-years
294 (3), however, the FDA has recently announced that metformin can be used safely in patients
295 with mild impairment in kidney function, and in some patients with moderate impairment in
296 kidney function, and required to expand metformin's use in patients with reduced kidney
297 function (<https://www.fda.gov/Drugs/DrugSafety/ucm493244.htm>). Therefore, metformin
298 will also be used not only to treat diabetes and cancer, but also for cancer prevention and
299 anti-aging purposes in the future, thus we may see a concurrent increase in the number of
300 patients with MALA. MALA has a high mortality rate of up to 50% (33, 34), so an
301 established treatment is required.

302 Although our *in vivo* studies previously detected the up-regulation of gluconeogenic mRNAs
303 MCT2 (*Slc16a7*), PEPCK (*Pck1*) and glucose transporter (GLUT) 2 (*Slc2a2*) in the livers of
304 *Phd2-LKO* mice (2), the up-regulation of these mRNAs were not identified through either *in*
305 *vitro* experiments using primary hepatocytes (data not shown) or *in vivo* experiments
306 following the treatment with PHD inhibitors in the present study. This was probably due to
307 the previous study disrupting the *Phd2* gene alone, while the present study led to the
308 pharmacological inhibition of not only PHD2 but also other PHD isoforms, or other 2-
309 oxoglutarate-dependent dioxygenases as off-target effects.

310 To evaluate whether the rescue effect of PHD inhibitors in mice with MALA depends on the
311 suppression of PHD2 in the liver as in our previous report (2), *Phd2-LKO* mice were
312 administered metformin followed by an i.p. injection of lactic acid, and a lactate tolerance
313 test was performed. Interestingly, *Phd2-LKO* mice did not show lactate tolerance in MALA
314 (**Figure 6B**), suggesting that the activation of the hepatic arm of Cori cycle does not occur by
315 inhibiting *Phd2* alone in the liver of mice with MALA. Metformin activates AMPK indirectly
316 by inhibiting the mitochondrial complex I, thus inhibiting mammalian target of rapamycin
317 complex 1 (mTORC1) (35), which positively regulates HIF1 α , so metformin administration
318 reduces hypoxia-induced HIF1 α stabilization and diminishes expression of HIF-target genes
319 (13). HIF activation in the liver due to *Phd2* disruption in *Phd2-LKO* mice may have been
320 diminished by the anti-HIF1 α effect of metformin, so the activation of the hepatic arm of
321 Cori cycle in *Phd2-LKO* mice, as previously reported, did not occur in *Phd2-LKO* mice with
322 MALA and hyperlactatemia was not ameliorated.

323 PHD inhibitors *per os* preferentially target the liver and the kidney (**Figures 2A and 2B**),
324 suggesting that the kidney, which contributes to approximately 20% of gluconeogenesis (36),
325 could be another target of PHD inhibitor *per os* in the setting of MALA treatment. We found
326 that *Pck1*, which codes PEPCK, one of the rate limiting enzymes of gluconeogenesis, was up-
327 regulated in the kidneys of REC2923-treated mice, suggesting that gluconeogenesis was
328 enhanced in the kidney, in addition to the liver, of the mice with MALA.

329 Previous study reported that adenine-induced CKD mice displayed severe anemia due to
330 decreased renal EPO production in the kidney, which activated hepatic EPO production (37).
331 It is possible that locally produced EPO in the liver affected the function of the hepatocytes
332 including gluconeogenesis, as EPO has organ protective effects in certain medical conditions
333 including ischemia in hearts, brains, and kidneys (38). In our mouse model of MALA in
334 CKD, *Epo* was induced in the kidney several hours after the PHD inhibitor treatment.

335 However, there was no change in kidney function by the treatment with PHD inhibitor
336 **(Figure 5D)**, which indicates that the improved survival was not a consequence of
337 ameliorated renal function due to increased EPO production. EPO enhances red blood cell
338 (RBC) production, which may lead to increase in lactate excretion from RBC, but the
339 hematocrit levels after the treatment with PHD inhibitor did not increase in our short period
340 experiments **(Figures 2C and 5C)**, indicating that the EPO–RBC pathway also did not affect
341 the survival of our mouse model of MALA.

342 Another possibility is that mice with MALA were rescued by PHD inhibitor via altered
343 immune response (39). In our mouse model of MALA in CKD, pro-inflammatory cytokine
344 IL-6 was significantly down-regulated in the kidneys of PHD inhibitor-treated mice, which
345 might have had an organ protective effect and contributed to better survival **(Figure 5E)**.

346 Hemodynamic studies using pressure-volume conductance catheter (40) revealed that the
347 PHD inhibitor did not ameliorate the cardiac dysfunction in mice with MALA **(Figure 3 and**
348 **data not shown)**, indicating that the rescue effect of PHD inhibitor on MALA is independent
349 of cardiac function.

350 It is also possible that PHD inhibitor alters the cellular uptake or excretion of metformin by
351 organic cation transporters (OCTs) or multidrug and toxin extrusion (MATE) transporters as
352 the off-target effects (41). Another study recently reported that systemic or skeletal muscle-
353 specific *Phd2* inactivation protects mice against myocardial ischemia–reperfusion injury
354 independent of the HIF pathway (42), and so this unknown HIF-independent pathway may
355 also have been involved here. Further investigation is required to fully understand the
356 mechanism of how PHD inhibition rescues MALA, including HIF-dependency. For the
357 findings to be applied in the clinic in the future, we need to be aware of the complications of
358 the high doses of oral PHD inhibitors required to ameliorate lactic acidosis.

359 PHD inhibitors may also be used to treat lactic acidosis induced by other clinical conditions
360 that involve shock, severe respiratory disease, or mitochondrial disease. In septic shock
361 patients, increased blood lactate levels have been associated with a 10-fold increase in the
362 mortality rate compared with normal lactate levels, and the increased lactate levels have been
363 shown to be a better predictor of morbidity and mortality than physiological triage criteria
364 (43). Therefore, a lactate level-guided treatment with PHD inhibitors may contribute to the
365 improvement of sepsis patients with lactic acidosis.

366 In summary, we have found that PHD inhibitors significantly improved the survival of mice
367 with MALA, and furthermore, a PHD inhibitor also improved the survival rate of MALA in
368 CKD mice. Oral PHD inhibitors have been developed and are now under clinical trial for
369 renal anemia (1). Our findings indicate that PHD could be a new therapeutic target for
370 MALA treatment and may also be used in a variety of pathophysiological conditions.

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518 **Figure Legends**

519 **Figure 1. Development of a mouse model of metformin-associated lactic acidosis**
520 **(MALA).**

521 Blood lactate levels in mice with or without the administration of metformin *per os* and an
522 intraperitoneal (i.p.) injection of lactic acid (right, $n = 3$ per treatment group). Detailed time
523 table of the experiment is also shown (left). Note that metformin exacerbated the
524 hyperlactatemia that was induced by an i.p. injection of lactic acid. Error bars indicate 1
525 standard error of the mean (SEM).

526

527 **Figure 2. Tissue dependent effects of prolyl hydroxylase (PHD) inhibitors *per os* in wild-**
528 **type mice.**

529 **(A)** Real-time RT-PCR analysis of the direct hypoxia-inducible factor (HIF)-target genes,
530 *Pdk1*, *Pgk1*, *Slc7a5* (L-type amino acid transporter [LAT] 1), and *Epo*, in the livers of mice
531 after 4 hours of administration *per os* of the vehicle ($n = 3$. 0.5% methyl cellulose), REC2923
532 ($n = 3$. 30 mg/kg body weight), or FG-4592 ($n = 3$. 50 mg/kg body weight). Error bars
533 indicate 1 SEM. **(B)** Real-time RT-PCR analysis of the direct HIF-target genes (*Pdk1*, *Pgk1*
534 and *Slc7a5*) in the kidneys, muscles and hearts of C57BL/6J male mice after 4 hours of
535 administration *per os* of the vehicle ($n = 3$. 0.5% methyl cellulose) or REC2923 ($n = 3$. 30
536 mg/kg body weight). *Epo* was also analyzed in the kidneys. Error bars indicate 1 SEM. **(C)**
537 Hematocrit levels of mice treated with either the vehicle ($n = 5$. 0.5% methyl cellulose) or
538 REC2923 ($n = 5$. 30 mg/kg body weight) on day 0 (control), 1 (after 4 hours of treatment), 5,
539 and 10 **(left)**. The area under the curve (AUC) values for each group were compared using an
540 unpaired Student's *t*-test. Error bars indicate 1 SEM.

541

Figure 3. Treatment model of MALA with PHD inhibitors

Schematic of the treatment model of MALA with PHD inhibitors (**left**) and the survival analysis (**right**). Mice were administered metformin (0.25 mg/g body weight) with the vehicle ($n = 18$. 0.5% methyl cellulose), REC2923 ($n = 21$. 30 mg/kg body weight), or FG-4592 ($n = 21$. 50 mg/kg body weight) *per os* 4 hours prior to an i.p. injection of lactic acid (0.4 mg/g body weight).

Figure 4. Generation of a mouse model of MALA in adenine-induced chronic kidney disease (CKD)

(A) Serum creatinine levels in mice that were fed a normal diet ($n = 3$) or a 0.2% adenine-containing diet ($n = 11$) for the indicated time periods. The AUC values for each group were compared using an unpaired Student's *t*-test. Error bars indicate 1 SEM. **(B)** Imaging mass spectrometry (MALDI-IMS) analysis of 2,8-dihydroxy adenine (2,8-DHA. m/z 168.05) in the kidneys of the mice that were fed normal or 0.2% adenine-containing diet for 6 weeks. Note that crystals of 2,8-DHA were detected in adenine-containing diet mice. Scale bar: 500 μ m. **(C)** Histological analysis of the kidneys in the mice that were fed a normal diet or a 0.2% adenine-containing diet for 6 weeks. Representative data from three mice per treatment group are shown. Tubular dilation (arrows) and dilated Bowman's space (arrowhead) are observed in the adenine-induced CKD mice. Scale bar: 100 μ m. **(D)** The CKD mice were administered the vehicle ($n = 5$. 0.5% methyl cellulose) or metformin ($n = 29$. 0.5 mg/g body weight) *per os* and lactate levels were measured after 4 hours. The experiment was repeated the following day. The AUC values of each group were compared using an unpaired Student's *t*-test. Error bars indicate 1 SEM.

566 **Figure 5. Treatment model of MALA in CKD mice with PHD inhibitor.**

567 **(A)** Schematic of the treatment of MALA in CKD mice **(left)** and survival analysis of MALA
568 in CKD mice that were treated with the vehicle or PHD inhibitor, REC2923 **(right)**. Mice
569 were administered metformin (0.5 mg/g body weight) *per os* in the morning, and those with
570 blood lactate levels > 8 mmol/L after 4 hours of metformin administration were then treated
571 with either the vehicle ($n = 8$. 0.5% methyl cellulose) or PHD inhibitor, REC2923 ($n = 11$. 10
572 mg/kg body weight) *per os*. **(B)** Blood lactate levels of CKD mice after 6 hours of treatment
573 with the vehicle ($n = 10$. 0.5% methyl cellulose) or REC2923 ($n = 9$. 10 mg/kg body weight).
574 Error bars indicate 1 SEM. **(C)** Real-time RT-PCR analysis of the direct HIF-target gene *Epo*
575 in the kidneys of CKD mice **(left)** and hematocrit levels of CKD mice **(right)** after 6 hours of
576 treatment with the vehicle or REC2923. Error bars indicate 1 SEM. **(D)** Serum creatinine
577 **(left)** and BUN **(right)** levels in the CKD mice after 6 hours of treatment with the vehicle or
578 REC2923. Error bars indicate 1 SEM. **(E)** Real-time RT-PCR analysis of inflammatory
579 mRNAs *Tnf*, *Il1b*, *Il4*, *Il6*, and *Il10* in CKD mice treated with the vehicle ($n=10$) or REC2923
580 ($n=9$). Error bars indicate 1 SEM.

581

582 **Figure 6. Up-regulation of the mRNAs involved in gluconeogenesis in both the livers**
583 **and kidneys of PHD inhibitor-treated mice.**

584 **(A)** Real-time RT-PCR analysis of the genes involved in gluconeogenesis, *Ldha*, *Slc16a1*
585 (monocarboxylate transporter [MCT] 1), *Slc16a7* (MCT2), *Pck1*, and *Slc2a2* (glucose
586 transporter [GLUT] 2), in the livers of C57BL/6J male mice after 4 hours of administration
587 *per os* of the vehicle (0.5% methyl cellulose. $n = 3$) or REC2923 (30 mg/kg body weight. $n =$
588 3). Error bars indicate 1 SEM. **(B)** Lactate tolerance test. *Control* ($n = 10$) and *Phd2*-liver-
589 specific knockout (*Phd2-LKO*. $n = 12$) male mice were administered 0.25 mg/g body weight

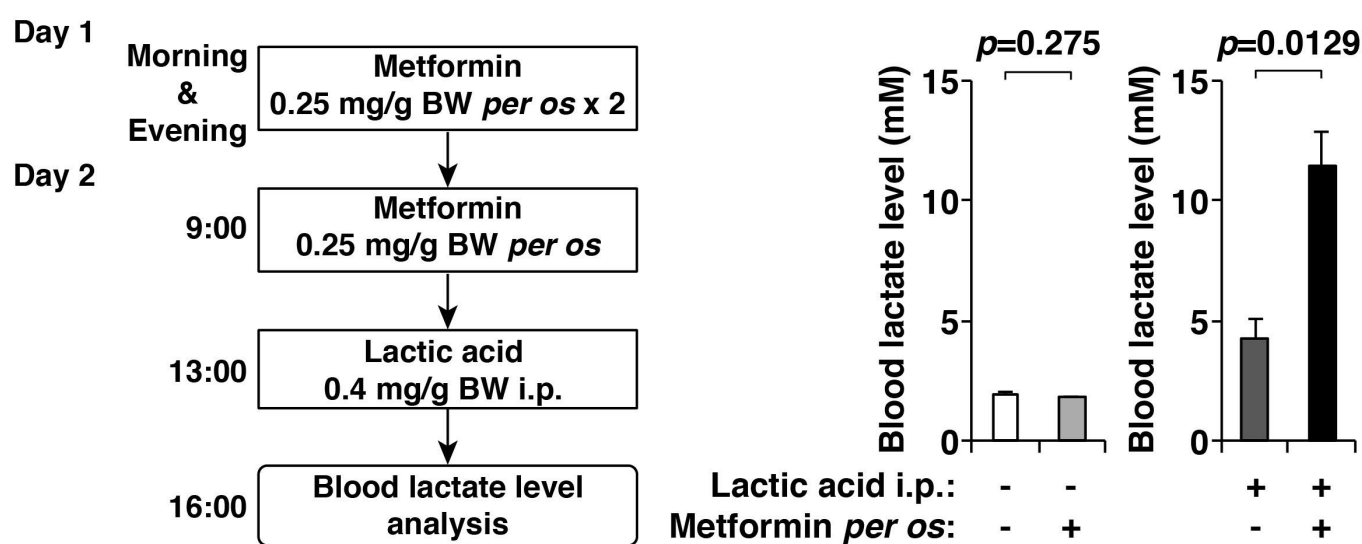
590 metformin dissolved in distilled water in the morning and evening of day 1, and in the
591 morning of day 2, *per os*. After 4 hours, the mice then received an i.p. injection of 0.4 mg/g
592 body weight lactic acid and blood lactate levels were measured at the indicated time. The
593 AUC values of each group were compared using an unpaired Student's *t*-test. Error bars
594 indicate 1 SEM. (C) Real-time RT-PCR analysis of the genes involved in gluconeogenesis,
595 *Ldha*, *Slc16a1* (monocarboxylate transporter [MCT] 1), *Slc16a7* (MCT2), *Pck1*, and *Slc2a2*
596 (glucose transporter [GLUT] 2), in the livers of C57BL/6J male mice after 4 hours of
597 administration *per os* of the vehicle ($n = 3$. 0.5% methyl cellulose) or REC2923 ($n = 3$. 30
598 mg/kg body weight). Error bars indicate 1 SEM.

1 **Table 1. Primer sequences for real-time reverse transcription-PCR analysis.**

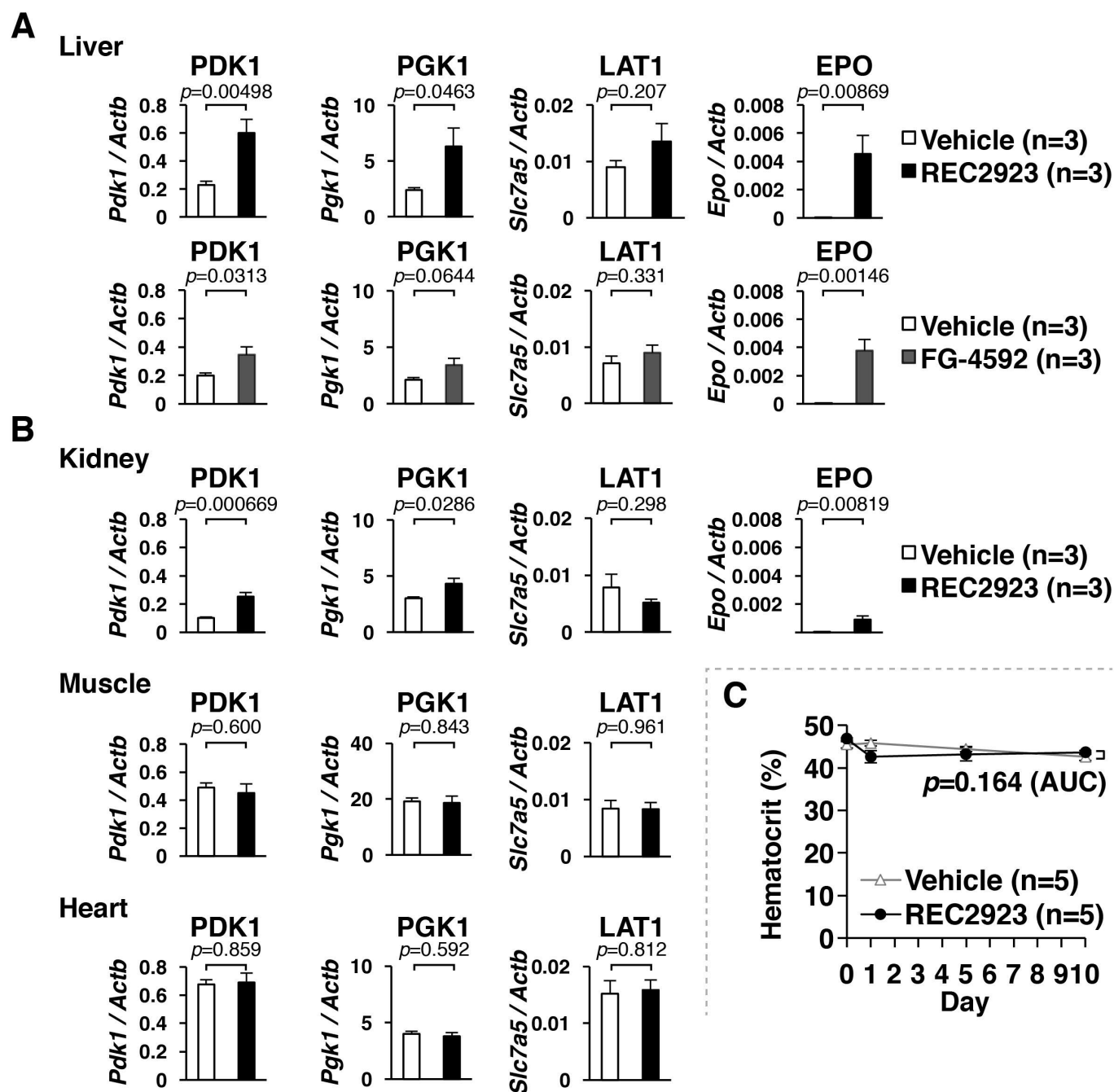
<i>Gene</i>	<i>Oligonucleotide sequence</i>	
<i>Ldha</i>	Forward	5'-ACAGTTGTTGGGGTTGGTGC-3'
	Reverse	5'-CGCAGTTACACAGTAGTCTTTG-3'
<i>Pdk1</i>	Forward	5'-ACCTCGTTTATGTTTCTGCG-3'
	Reverse	5'-CAACTCCTGAAGGCTTTGG-3'
<i>Pgk1</i>	Forward	5'-GATGAGGGTGGACTTCAAC-3'
	Reverse	5'-TAAGGACAACGGACTTGGC-3'
<i>Epo</i>	Forward	5'-CATCTGCGACAGTCGAGTTCTG-3'
	Reverse	5'-CACAACCCATCGTGACATTTTC-3'
<i>Slc7a5</i>	Forward	5'-GCCCTCATCATTTTGCTCG-3'
	Reverse	5'-TCAGATAGTTCCATCCTCCG-3'
<i>Slc16a1</i>	Forward	5'-TGGTTGTCTGTCTGGTTGC-3'
	Reverse	5'-CAGTGGTCGCTTCTTGTAG-3'
<i>Slc16a7</i>	Forward	5'-TTCAACACCACCTCCAGTC-3'
	Reverse	5'-CAGCATAATAGTCCTCCAC-3'
<i>Pck1</i>	Forward	5'-GGAAGGACAAAGATGGCAAG-3'
	Reverse	5'-TCAGGTTCAAGGCGTTTTC-3'
<i>Slc2a2</i>	Forward	5'-GTCGCCTCATTCTTTGGTG-3'
	Reverse	5'-CTGATACACTTCGTCCAGC-3'
<i>Tnf</i>	Forward	5'-TCCCTCTCATCAGTTCTATGG-3'
	Reverse	5'-AAGAGAACCTGGGAGTAGAC-3'
<i>Il1b</i>	Forward	5'-GACCTGTTCTTTGAAGTTGACG-3'
	Reverse	5'-TGTTGATGTGCTGCTGCGAG-3'
<i>Il4</i>	Forward	5'-AGACTCTTTCGGGCTTTTC-3'

	Reverse	5'-TGATGCTCTTTAGGCTTCC-3'
<i>II6</i>	Forward	5'-CCAGAGTCCTTCAGAGAGATAC-3'
	Reverse	5'-ATGGTCTTGGTCCTTAGCC-3'
<i>III0</i>	Forward	5'-GCTGGACAACATACTGCTAAC-3'
	Reverse	5'-TGCTCCTTGATTTCTGGGC-3'

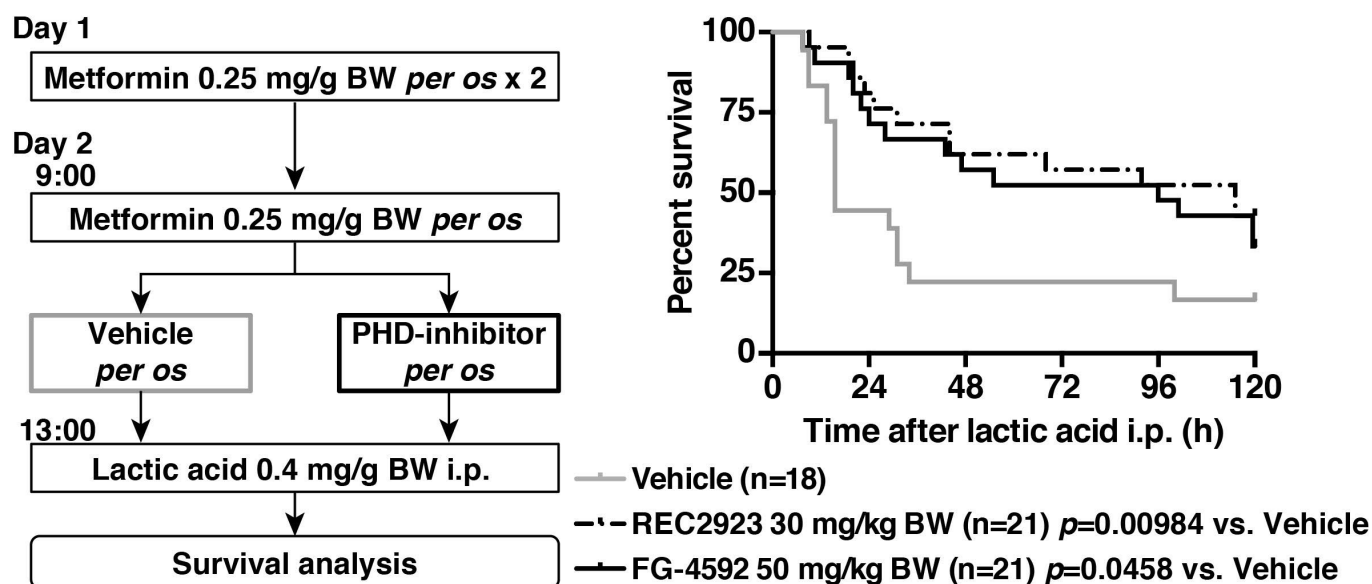
Toramaru-Oyaizu et al. Figure 1



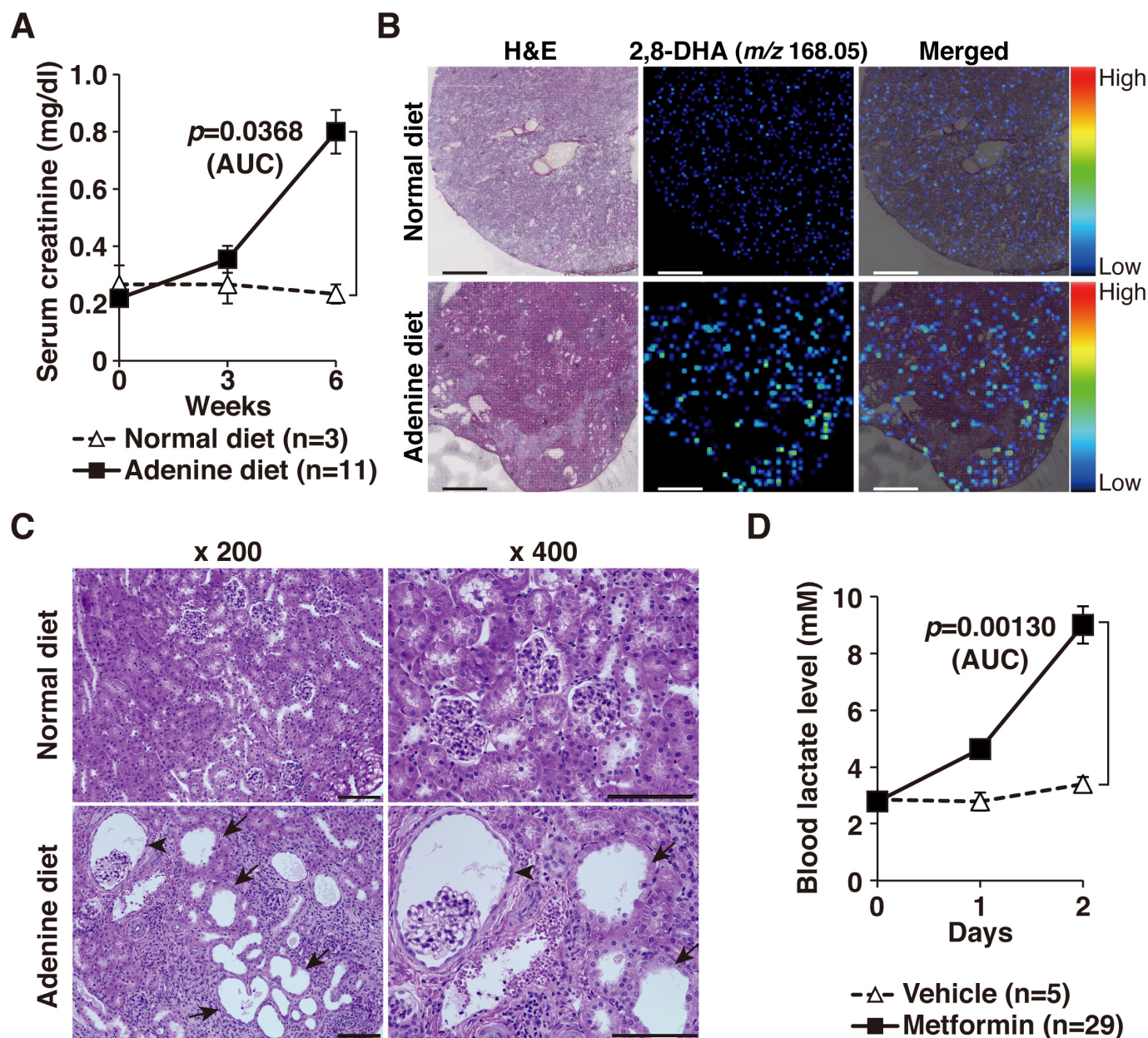
Toramaru-Oyaizu et al. Figure 2



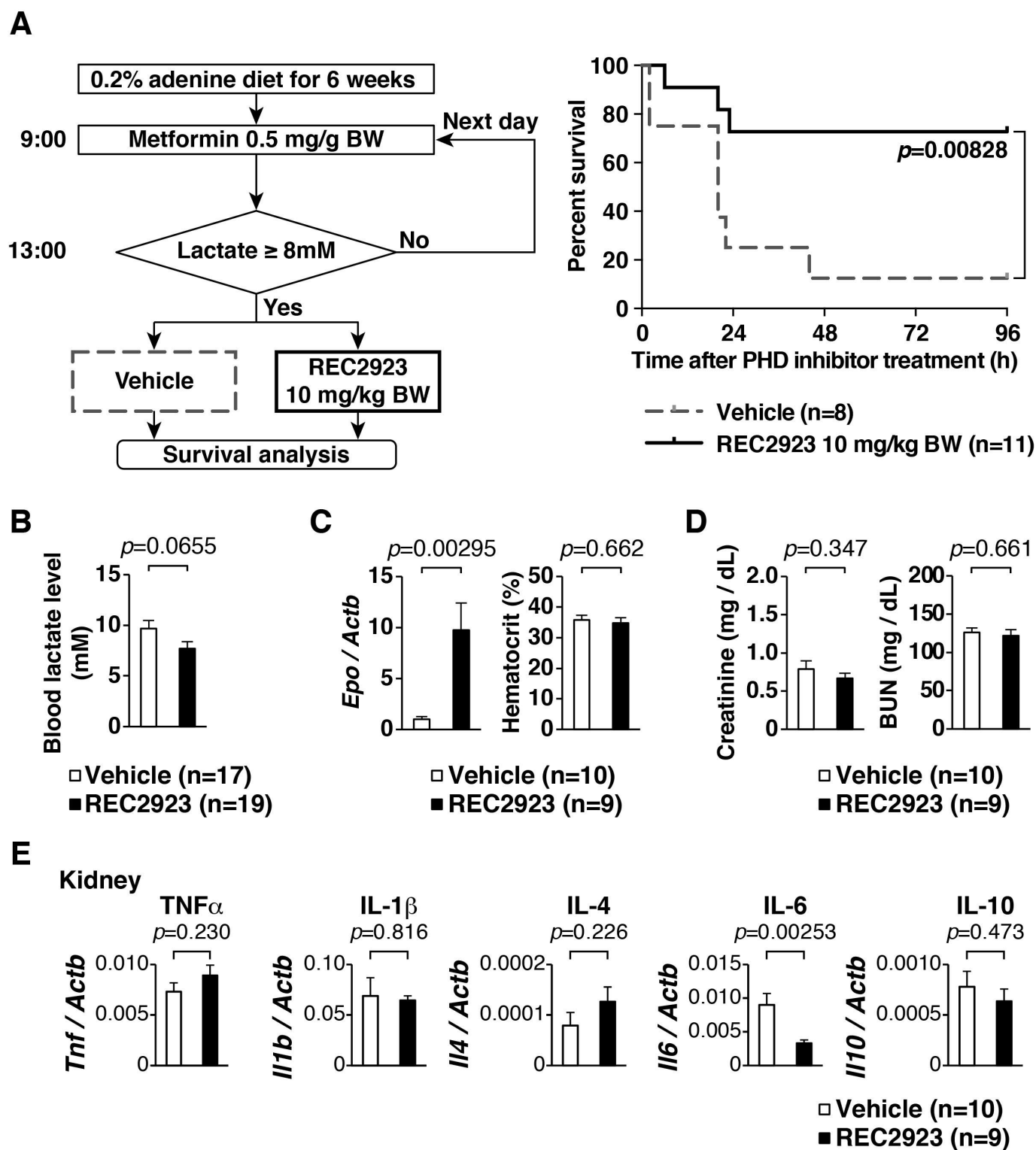
Toramaru-Oyaizu et al. Figure 3



Toramaru-Oyaizu et al. Figure 4



Toramaru-Oyaizu et al. Figure 5



Toramaru-Oyaizu et al. Figure 6

